

Connections

Newsletter for hospital volunteers, students & friends of Roper St. Francis Healthcare

October/November 2022

Our Pet Therapy pups business cards spread joy



The newest Roper St. Francis Healthcare business cards feature furry faces and floppy ears guaranteed to make you smile.

The cards are for pups participating in our pet therapy program and have been a hit with nurses and patients alike. The new cards were the brainchild of Volunteer Meg Mauro.

"I wanted to honor my dog, Beasley, while raising resources for our pet therapy program," said Mauro, who helps oversee the training of the dogs' owners to be handlers at RSF Mount Pleasant Hospital. "Our goal is to both support patients' healing while lifting up teammates' spirits."

Beasley, a miniature dachshund, passed away in the fall of 2021 after a life well lived. Mauro and Beasley had worked as a pet therapy team at RSF Mount Pleasant Hospital, and Mauro wanted to give back to the hospital while memorializing her beloved Beasley.

She worked with the Roper St. Francis Foundation to create the Beasley Memorial Fund, which launched this year to provide supplies and support to RSFH therapy pets and their owners.

Check out the rest of the article and more pictures on the Vital Signs link. A big thank you to Meg Mauro and RSFH Corporate Communications for raising awareness of Pet Therapy and its benefits.

Chopped Green Goddess Salad

Ingredients: 1/2 head green cabbage, 3 cucumbers, 1 bundle green onions. Chop all and place in bowl.

Dressing: 1 c spinach, 1 c fresh basil, 2 garlic cloves, 1 shallot, juice of 2 lemons. 1/4 c olive oil, 1/4 c cashews, 1/3 c grated parmesan cheese, 2 tbsp rice vinegar, 1 tsp salt.

Blend dressing ingredients until creamy. Pour over vegetables and toss. Serve with chips or protein. Delicious!



Recipe shared by Jeanne Plecenik.

Snooping is Not a Core Value Integrity Is!



Privacy Officer Elizabeth Willis, shares reminders about privacy and HIPAA and is always available to help us with specific questions.

- We do not access or share patient information because we are concerned or curious, even when it feels it is for a good reason.
- We do not ask for details or access information to confirm a rumor or to "check on" someone.
- We do not ask for details or access patient information as a favor to a friend, family member or teammate.
- We do not use anyone else's login. If computer access is needed to assist staff with a project ask the manager to request access through proper channels.
- We do not access our own or family member's medical information directly. We would use the proper channels.
- We do not take patient information home. If we use any paper document we properly dispose of it before leaving our station.

Getting to Know You – RSF Berkeley

Tillie and Ed Hottat have been volunteering at Berkeley Hospital since 2019. Tillie volunteers at the Outpatient Desk, while Ed has commandeered the MOB desk and golf cart. Tillie was born in Australia and was in nursing for many years, including Volunteer Manager for the Red Cross in New Jersey. Ed was born in Belgium and worked in IT for a large international shipping company.

They were transferred to the Lowcountry through his company Hamburg Sud/Maersk. They have a daughter, son in law, and two beautiful grandchildren, 6yrs and 7yrs old. Their hobbies include taking trips on their motorcycle, photography, the Arts, and gardening. We are so thankful for their compassion, humor, and to have them as volunteers.



Volunteer Opportunities

- **Bon Secours St. Francis Hospital** welcomes department escorts for Phlebotomy, Imaging and Mammography and Information Desk.
- **Mt. Pleasant Hospital** welcomes Cardiac Rehabilitation Gym Escort on Monday and Friday from 8 a.m. - 12 noon and 12 - 3 p.m.; Golf Cart Drivers from parking lots to entrances and back, Pet Therapy and Piano Player.
- **Roper Hospital** welcomes volunteers interested in Information Desk; Mammography from 8 a.m. - 12 noon and 12 - 4 p.m. daily; Lobby Ambassadors and Piano Player.

Arts in Medicine

Check out our Art Wall at MPH. This wall was made available for visiting artists to display their works. An Activity Booklet is available to patient and visitors.



Designed by Bonny Luthy, Volunteer, this booklet is now available for all with colored pencils to color fun art, do Lowcountry Word Searches and Sudoku. Thank you, Bonny and Chris Luthy, who selected the drawings and activities!

Visiting artists, Sandra Lesueur and sister Trudi, Jackie Fritz-Roy and Muzon Cheeks, Jr., displayed their works and shared their talents with patients, visitors and teammates in August and September. Meg Mauro, Volunteer Pianist, played soothing music at Jackie Fritz-Roy's exhibit. Five teammates enjoyed painting at MPH with Volunteer Artist in Residence, Jann Owens. Participants painted a pelican scene and used acrylics to complete their work. If you know an artist who might like to participate in these monthly programs, please contact Peg Hughes, peg.hughes@rsfh.com.



Volunteer News

- Meet RSFH's mascot C.C. The name stands for the Circle of Care, the proper name for the Roper St. Francis Healthcare logo, and it's the mascot's shape. We are looking for teammates or volunteers interested in being C.C. on special occasions. Please reach out to your Volunteer Manager for more details. It's a fun way to bring smiles to our patients, teammates and volunteers.



- Happy Birthday to our teammate Kathleen Whitfield at BSSF! We hope you enjoy your birthday to the fullest.
- EPIC is RSFH's new electronic medical records system. This system will be replacing STAR for those of you that work at the information desk. The Information Desk volunteers will be trained with a short demo video. More details to come!
- The ECCO food and hygiene drive in August resulted in 138 pounds of donations. Thanks to all who contributed to this worthy cause for our community.



- We are grateful to the students and teachers a Bishop England High School! The students helped clean up our Memorial Garden on the Bon Secours St. Francis campus. We hope to see them back in the garden soon!

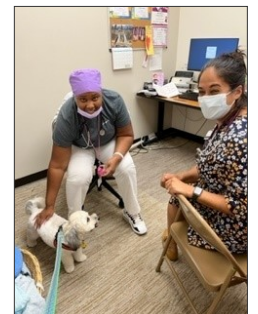


- Deepest sympathy to Pet Therapy Handler Wendy Zettel, on the passing of her son. We send you peace and comfort during this time of sorrow.

- Get well soon, Jim Merryman! We miss you and Ragamuffin and hope to have you back in action before long.

- Pet Therapy Dogs and Handlers visited our Physician Partner teammates at many locations in August to spread joy and love during EPIC onboarding.

- Welcome Mount Pleasant Center for Advanced Studies students. They will be shadowing this semester in many areas of MPH. We are excited about this collaboration and hope that many will go into healthcare careers.



- Happy 3rd Birthday to Berkeley Hospital!



Welcome New RSFH Volunteers

RSFH Berkeley Hospital: Welcome our new volunteers, Jeanne Plecenik, Outpatient Desk; Nina Costa, Patient Ambassador; Pet therapy Handler and Pet Therapy Dog, Mary Tomlinson and Loki.

Bon Secours St. Francis Hospital: Welcome new volunteer, Debbie Poplin. Welcome back Myra Ledbetter and Mary Vogel to Information Desk; Carol Inabinette and Kerry Hood to Mother and Baby; Brenda Brown to Mammography; Debra Georgas to Cancer Center; Anne Tanzola to Information desk. Our golfcart runs three days a week thanks to Jim Mazzaro, Rich Nadol and Paul Miller. Many thanks for responding to the call last month.

RSF Mount Pleasant Hospital: Welcome new volunteers, Maggie Schaap, Information Desk; Stephanie Wilson and Sue Maurer, Mammography Hostesses; Gladney Brooks, Cardiac Rehabilitation Gym; Pet Therapy Handler and Pet Therapy Dog, Catherine Stephenson and Lucey; Wando students Meghan Zimmerman and Vanessa Colbrunn, Med/Surg Unit.

Welcome back volunteers June and Ron Bell (Happy 60th Wedding Anniversary!), and Stacey Sampson. We've missed you!

Flu Shot Dates and Locations

Flu shots are encouraged this year and mandatory for RSFH teammates and volunteers. We will be offering flu shots and the new COVID bivalent booster during the following dates and times listed below. If you get yours elsewhere, do save a copy of the record. It will be needed for continued service. You may go ahead and to submit it to your volunteer manager for your file. Documentation of flu shots is required by 12/1.

Vaccinations will be provided on each date from 7 a.m.-3:30 p.m. Please sign the consent for non-employees prior to getting flu shot with RSFH at <http://careline/Departments/eehealth/FluVaccPersonInfo.aspx>

Roper Hospital "Bird's Nest"(2nd floor overlooking the lobby)

- Monday, Oct. 3
- Tuesday, Oct. 11
- Wednesday, Oct. 19

Bon Secours St Francis Hospital

(East MOB first floor inside RSFH Nursing Excellence Department)

- Tuesday, Oct. 4
- Monday, Oct. 10
- Thursday, Oct. 20

RSF Mount Pleasant Hospital (MOB Classrooms 1 & 2)

- Wednesday, Oct. 5
- Thursday, Oct. 13
- Tuesday, Oct. 18

RSF Berkeley Hospital (Room 1601, back hallway)

- Wednesday, Oct. 12
- Friday, Oct. 21

RSF Office Park (Room 111)

- Friday, Oct. 7
- Friday, Oct. 14
- Friday, Oct. 17

Volunteer Offices will post additional dates as they are added.



Dates To Remember

Pink Fire Truck

In honor of Breast Cancer Awareness Month, the Pink Firetruck will be at RSFH campuses.

Stop by to sign the truck and show your support!

Friday, October 7, 2022:

Roper St. Francis: 10 - 10:30 a.m.

Roper Downtown: 11 - 11:30 a.m.

Roper Mt. Pleasant: 12:30 - 1 p.m.

Roper Berkeley: 2 - 2:30 p.m.

Halloween Rounds

10/31: Touch base with your manager and offer to help. Candy contributions welcome! Wear your best costume!

Cards for Heroes

11/11: Volunteers will set up tables in hospital facilities inviting teammates to write meaningful messages on cards to be delivered to active duty service members over the holidays. Offer to lend a hand from 10 a.m. - 1 p.m.



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“Act as if what you do makes a difference. It does.”
-William James

